

# **NOTTINGHAM & UNION ROWING CLUB**

## **CLUB RACING PROGRAMME**

### **HEAD RACES 2009/2010 (provisional)**

Sunday 27<sup>th</sup> September 2009 – Chester Long Distance Sculls (5000m)

Sunday 18<sup>th</sup> October 2009 – Nottingham Autumn Head (5450m, 3850m)

Sunday 22<sup>nd</sup> November 2009 – York Small Boats Head (3000m)

Sunday 24<sup>th</sup> January 2010 – Boston Head (3000m)

Sunday 28<sup>th</sup> February 2010 – Head of the Trent (6000m, 4000m)

Saturday 13<sup>th</sup> March 2010 – Women's Eights Head, or

Saturday 13<sup>th</sup> March 2010 – Yorkshire Head (5100m)

Sunday 14<sup>th</sup> March 2010 – East Midlands Junior Head, Newark

Saturday 27<sup>th</sup> March 2010 – Head of the River, or

Saturday 27<sup>th</sup> March 2010 – Lincoln Rowing Centre Head (3000m)